





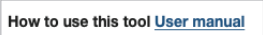


1. Go to **firsthealth.com**
2. Click **Locate a Provider or Create a Directory**  on the right side of the screen
 

Locate a provider  
or  
Create a directory


3. Select **First Health Network** and click 
4. Select the Provider type (selecting **All Providers** will yield more results)
5. Choose one of two options:
  - a. **Zip code** and adjust the distance from 5-100 miles
  - or**
  - b. **Select a state.** You can narrow your search by county and/or city
6. Select  for immediate results or  to narrow your search by the following:
  - a. **Physician name or facility:** text field allows you to type in the name of a doctor (last name) or hospital (first name)
  - b. **Specialty Type:** enter text or select up to five specialties to include. If you need more detail on specialties, choose the “Specialty Definitions” link at the bottom of the web page
  - d. **Condition:** enter text or select a condition
  - e. **Focus Type:** enter text or select up to five focus codes to include
7. Select 
8. A user guide with additional instructions for refining your search results can be found near the bottom of the **First Health** web pages. 

 If you have any trouble accessing this information, we’re here to help—please call our **Customer Care Center** at **877-230-7555 (TTY: 711)**

It is important to note that providers are regularly added and removed from the network. Before you schedule an appointment, please verify that the provider you chose is listed as a participating provider. Prior to your appointment, you should also double-check that you’re seeing a participating provider. These steps will help you avoid additional charges.