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## Cardiac Monitoring Devices and Cardiac Procedures

**MP9540**

**Covered Service:** Yes

**Prior Authorization Required:** No

**Additional Information:** For real-time mobile cardiac outpatient telemetry, see related policy [Real-Time Mobile Cardiac Outpatient Telemetry \(MCOT\) MP9621](#)

For percutaneous or transcatheter heart valve replacement and repair, see [Transcatheter Heart Valve Replacement and Repair MP9623](#)

### Prevea360 Health Plan Medical Policy:

- 1.0 An ambulatory event cardiac monitor **does not** require prior authorization and is considered medically necessary for the detection of cardiac arrhythmias when **ANY** of the following devices are to be used:
  - 1.1 Holter monitor
  - 1.2 Patch cardiac rhythm monitor (e.g., ZIO Patch)
  - 1.3 External loop recorder (ELR)/external intermittent cardiac event monitor
- 2.0 Implantable loop cardiac recorder (cardiac event monitor) **does not** require prior authorization and is considered medically necessary for **ANY** of the following indications:
  - 2.1 Unexplained symptoms suggestive of cardiac arrhythmias (e.g., unexplained syncope, presyncope palpitations or dizziness)
  - 2.2 Post-cardiac ablation monitoring
  - 2.3 History of cryptogenic stroke or transient ischemia attack (TIA) with suspected unconfirmed occult atrial fibrillation.
- 3.0 Implantable loop cardiac records for any other indications are considered **experimental and investigational**, and therefore not medically necessary.

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