



Preventive Drug List

Updated January 2022

Your health plan is making an effort to reduce your health care costs by giving you tools to help you stay healthy and productive. Below are the medications included on your Preventive Drug List. These medications help protect against or manage some high risk medical conditions. Taking these medications as directed by your prescriber can help avoid serious health problems. That may mean fewer doctor visits and hospitalizations, reducing your total health care costs.

In the drug list below, generic drugs are shown in lowercase type. Brand name drugs are shown in uppercase type.

Antiasthmatic/Bronchodilators

ADVAIR DISKUS INHALER *generic Wixela only for HDHPs*

ADVAIR HFA INHALER

albuterol/ipratropium neb soln

aminophylline tab

ARNUITY ELLIPTA INHALER

ASMANEX HFA INHALER

ASMANEX INHALER

budesonide inh susp

FLOVENT DISKUS INHALER

FLOVENT HFA INHALER

fluticasone/salmeterol inhaler

ipratropium neb soln

METAPROTERENOL SYRUP

montelukast chew tab

montelukast tab

theophylline CR tab

theophylline ER tab

theophylline soln

wixela inhaler *brand Advair Diskus only for non-HDHP plans*

Anticoagulants

ELIQUIS TAB

warfarin tab

XARELTO TAB

Antidiabetics

acarbose tab

glimepiride tab

glipizide ER tab

glipizide tab

glipizide/metformin tab

glyburide micronized tab

glyburide tab

glyburide/metformin tab

metformin ER tab

metformin tab

- Note: The list is subject to change and not all drugs listed may be covered on your formulary. Please refer to your Navitus formulary for a complete list of covered products.

NOVOLIN N
 NOVOLIN N FLEXPEN
 NOVOLIN R
 NOVOLIN R FLEXPEN
 pioglitazone tab
 repaglinide tab
 tolazamide tab

Antihyperlipidemics

atorvastatin tab 10mg
 atorvastatin tab 20mg
 atorvastatin tab 40mg
 atorvastatin tab 80mg
 cholestyramine lite powder
 cholestyramine lite powder pack
 cholestyramine powder
 cholestyramine powder pack
 colesevelam pack
 colesevelam tab
 colestipol granule
 colestipol powder
 colestipol tab
 ezetimibe tab
 ezetimibe/simvastatin tab
 fenofibrate cap 67mg, 134mg, 200mg
 fenofibrate tab 48mg, 54mg, 145mg,
 160mg
 fenofibric acid DR cap
 fluvastatin cap
 gemfibrozil tab
 lovastatin tab
 omega-3-acid ethyl esters cap
 pravastatin tab
 rosuvastatin tab 10mg
 rosuvastatin tab 20mg
 rosuvastatin tab 40mg

rosuvastatin tab 5mg
 simvastatin tab
Antihypertensives
 acebutolol cap
 acetazolamide ER cap
 acetazolamide tab
 amiloride tab
 amiloride/hydrochlorothiazide tab
 amlodipine tab
 amlodipine/atorvastatin tab
 amlodipine/benazepril cap
 amlodipine/olmesartan tab
 amlodipine/valsartan tab
 amlodipine/valsartan/
 hydrochlorothiazide tab
 atenolol tab
 atenolol/chlorthalidone tab
 benazepril tab
 betaxolol tab
 bisoprolol tab
 bisoprolol/hydrochlorothiazide tab
 bumetanide tab
 carvedilol tab
 chlorothiazide tab
CHLORTHALIDONE TAB
 clonidine patch
 clonidine tab
 diltiazem ER cap
 diltiazem ER tab
 diltiazem tab
 doxazosin tab
 enalapril/hydrochlorothiazide tab
 eplerenone tab
 ethacrynic tab
 felodipine ER tab

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FUROSEMIDE SOLN
furosemide soln
furosemide tab
guanfacine IR tab
hydralazine tab
hydrochlorothiazide cap
hydrochlorothiazide tab
indapamide tab
irbesartan tab
isradipine cap
labetalol tab
lisinopril tab
lisinopril/hydrochlorothiazide tab
losartan tab
losartan/hydrochlorothiazide tab
methazolamide tab
METHYCLOTHIAZIDE TAB
methyldopa tab
methyldopa/hydrochlorothiazide tab
metolazone tab
metoprolol ER tab
metoprolol tab
metoprolol/hydrochlorothiazide tab
minoxidil tab
nadolol tab
nadolol/bendroflumethiazide tab
nicardipine cap
nifedipine cap
nifedipine ER tab
nimodipine cap
nisoldipine ER tab
olmesartan tab
olmesartan/hydrochlorothiazide tab
pindolol tab
prazosin cap

propranolol ER cap
PROPRANOLOL SOLN
propranolol tab
propranolol/hydrochlorothiazide tab
sotalol AF tab
sotalol tab
spironolactone tab
spironolactone/hydrochlorothiazide tab
terazosin cap
timolol maleate tab
torsemide tab
trandolapril/verapamil ER tab
triamterene cap
triamterene/hydrochlorothiazide cap
TRIAMTERENE/HYDROCHLOROTHIAZIDE CAP 50-25mg
triamterene/hydrochlorothiazide tab
valsartan tab
valsartan/hydrochlorothiazide tab
verapamil SR cap
verapamil SR cap
VERAPAMIL SR CAP 360mg
verapamil SR tab
verapamil tab

Antiplatelet

anagrelide cap
cilostazol tab
clopidogrel tab 75mg
dipyridamole tab
prasugrel tab
ticlopidine tab

Osteoporosis

alendronate tab
ALENDRONATE TAB 40MG
calcitonin nasal spray

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ibandronate tab 150mg

risedronate DR tab

risedronate tab

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Contraceptives Only Formulary

Updated January 2022

As a part of Health Care Reform, the following contraceptive drugs are available with a \$0 copayment.

afirmelle tab	blisovi fe 1/20 tab
aftera tab	briellyn tab
afterpill tab	camila tab
altavera tab	camrese lo tab
alyacen 1/35 tab	camrese tab
alyacen 7/7/7 tab	caziant tab
amethia lo tab	CERVICAL CAP
amethia tab	cesia tab
amethyst tab	chateal eq tab
apri tab	chateal tab
aranelle tab	CONTRACEPTIVE FILM
ashlyna tab	CONTRACEPTIVE FOAM
aubra eq tab	CONTRACEPTIVE GEL
aubra tab	cryselle-28 tab
aurovela 1.5/30 tab	cyclafem 1/35 tab
aurovela 1/20 tab	cyclafem 7/7/7 tab
aurovela 24 fe tab	cyred eq tab
aurovela fe 1.5/30 tab	cyred tab
aurovela fe 1/20 tab	dasetta 1/35 tab
aviane tab	dasetta 7/7/7 tab
ayuna tab	daysee tab
azurette tab	deblitane tab
balziva tab	delyla tab
bekyree tab	DEPO-SUBQ PROVERA 104
blisovi 24 fe tab	desogestrel/ethinyl estra tab
blisovi fe 1.5/30 tab	dolishale tab

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drospirenone/ethinyl estr tab	incassia tab
econtra ez tab	introvale tab
econtra one-step tab	isibloom tab
elinest tab	jaimiess tab
ELLA TAB	jasmiel tab
emoquette tab	jencycla tab
ENCARE	jolessa tab
enpresse-28 tab	jolivette tab
enskyce tab	juleber tab
errin tab	junel 1.5/30 tab
estarylla tab	junel 1/20 tab
ethynodiol diacetate/ethi tab	junel fe 1.5/30 tab
fallback solo tab	junel fe 1/20 tab
falmina tab	junel fe 24 tab
fayosim tab	kaitlib fe tab
FEMALE CONDOMS	kalliga tab
femynor tab	kariva tab
gianvi tab	kelnor 1/35 tab
gildagia tab	kelnor 1/50 tab
gildess 1.5/30 tab	kimidess tab
gildess 1/20 tab	kurvelo tab
gildess 24 fe tab	KYLEENA IUD
gildess fe 1.5/30 tab	larin 1.5/30 tab
gildess fe 1/20 tab	larin 1/20 tab
hailey 1.5/30 tab	larin 24 fe tab
hailey 24 fe tab	larin fe 1.5/30 tab
hailey fe 1.5/30 tab	larin fe 1/20 tab
hailey fe 1/20 tab	larissia tab
heather tab	layolis fe tab
iclevia tab	leena tab

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lessina tab	MIRENA IUD
levonest tab	mono-linyah tab
levonorgestrel and ethiny tab	mononessa tab
LEVONORGESTREL TAB	my choice tab
levonorgestrel tab	my way tab
levonorgestrel/ethinyl es tab	myzilra tab
levora 0.15/30-28 tab	necon 0.5/35-28 tab
LILETTA IUD	necon 1/35 tab
lillow tab	necon 7/7/7 tab
lo-zumandimine tab	new day tab
loestrin 1.5/30-21 tab	next choice one dose tab
loestrin 1/20-21 tab	next choice tab
loestrin fe 1.5/30 tab	nikki tab
loestrin fe 1/20 tab	nora-be tab
lojaimiess tab	norethindrone & ethinyl e tab
lomedia 24 fe tab	norethindrone acetate/eth tab
loryna tab	norethindrone tab
low-ogestrel tab	norethindrone/ethinyl est tab
lutera tab	norgestimate/ethinyl estr tab
lyeq tab	norgestrel/ethinyl estrad tab
lyza tab	norlyda tab
marlissa tab	norlyroc tab
medroxyprogesterone aceta	nortrel 0.5/35 (28) tab
microgestin 1.5/30 tab	nortrel 1/35 (28) tab
microgestin 1/20 tab	nortrel 1/35 tab
microgestin 24 fe tab	nortrel 7/7/7 tab
microgestin fe 1.5/30 tab	NUVARING
microgestin fe 1/20 tab	nylia 1/35 tab
microgestin fe tab	nylia 7/7/7 tab
mili tab	nymyo tab

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ocella tab	tarina 24 fe tab
opcicon one-step tab	tarina fe 1/20 eq tab
option 2 tab	tarina fe 1/20 tab
orsythia tab	tilia fe tab
ORTHO DIAPHRAGM	TODAY SPONGE
ORTHO EVRA	tri-estarylla tab
PARAGARD INTRAUTERINE COP IUD	tri-legest fe tab
philith tab	tri-linyah tab
pimtrea tab	tri-lo-estarylla tab
permella 1/35 tab	tri-lo-marzia tab
permella 7/7/7 tab	tri-lo-mili tab
PLAN B ONE-STEP TAB	tri-lo-sprintec tab
PLAN B TAB	tri-mili tab
portia-28 tab	tri-nymyo tab
preventeza tab	tri-previfem tab
previfem tab	tri-sprintec tab
quasense tab	tri-vylibra lo tab
react tab	tri-vylibra tab
reclipsen tab	tri-femynor tab
rivelsa tab	trinessa lo tab
setlakin tab	trinessa tab
sharobel tab	trivora-28 tab
simliya tab	tulana tab
simpesse tab	velivet tab
SKYLA IUD	vestura tab
solia tab	vienva tab
sprintec 28 tab	viorele tab
sronyx tab	volnea tab
syeda tab	vyfemla tab
take action tab	vylibra tab

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wera tab

wymzya fe tab

XULANE

xulane

zafemy

zarah tab

zenchent fe tab

zenchent tab

zeosa tab

zovia 1/35 tab

zovia 1/35e tab

zovia 1/50e tab

zumandimine tab

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Health Care Reform

Preventive Drug Coverage Guidelines

November 2021

The Affordable Care Act (ACA) requires that eligible people get certain preventive services at no cost. The following four categories and related drugs are clinical recommendations in the ACA. They are included in the ACA as preventive services. The ACA was passed in 2010.

Breast Cancer Prevention

Prescribe for women who are at increased risk of breast cancer (5-year risk of three percent or greater) and at a low risk for adverse drug effects. This applies to women without symptoms age 35 years or older. Also, they should not have a prior diagnosis of breast cancer, ductal carcinoma in situ (DCIS) or lobular carcinoma in situ (LCIS). These drugs should not be used in women who have a history of thromboembolic events (deep venous thrombosis, pulmonary embolus, stroke, or transient ischemic attack).

Medications	Coverage Guideline	Age Guideline
anastrozole	1 mg daily for up to 5 years	Women, age 35 and older
exemestane	25 mg daily for up to 5 years	Women, age 35 and older
tamoxifen	20 mg daily for up to 5 years	Women, age 35 and older
raloxifene	60 mg daily for up to 5 years	Women, age 35 and older

Cardiovascular Disease Primary Prevention

To prevent cardiovascular events and mortality, prescribe low-to-moderate statins for adults without a history of cardiovascular disease when they 1) are 40 to 75 years of age, 2) have greater than or equal to one risk factor, such as dyslipidemia, diabetes, hypertension, or smoking, and 3) when the calculated 10-year risk of a cardiovascular event is greater than or equal to 10 percent.

Medications	Coverage Guideline	Age Guideline
atorvastatin	10-20 mg for moderate-intensity regimen	Adults aged 40-75 years
lovastatin	20 mg for low-intensity regimen 40 mg for moderate-intensity regimen	Adults aged 40-75 years
pravastatin	10-20 mg for low-intensity regimen 40-80 mg for moderate-intensity regimen	Adults aged 40-75 years
rosuvastatin	5-10 mg once daily for moderate-intensity regimen. Quantity Limits apply	Adults aged 40-75 years
simvastatin	10 mg for low-intensity regimen 20-40 mg for moderate-intensity regimen	Adults aged 40-75 years

Colorectal Cancer Screening

Medications	Coverage Guideline	Age Guideline
Bowel Prep: peg 3350/electrolytes solution and trilyte	Limited to 2 fills/calender year	Covered for screening for colorectal cancer in adults between the ages of 45 and 75

Heart Attack Prevention

Medications	Coverage Guideline	Age Guideline
aspirin	Prescribe when potential benefit (due to reduced heart attacks) outweighs the potential harm (due to an increase in GI hemorrhage) in men ages 45-79 years and women ages 55-79 years	aspirin is covered for women of all ages and men between 45 and 79

HIV preexposure prophylaxis (PrEP)

Medications	Coverage Guideline	Age Guideline
Descovy	If emtricitabine/tenofovir disoproxil is not appropriate therapy as part of the prior authorization	None
emtricitabine/tenofovir disoproxil fumarate	Offer PrEP with effective antiretroviral therapy for HIV-negative people at high risk of acquiring HIV infection, which included men who have sex with men, those at risk through heterosexual contact, and people who inject drugs	None

Smoking Cessation

Medications	Coverage Guideline	Age Guideline
bupropion (Zyban equivalent)	Provide tobacco cessation intervention to those adults that use tobacco products. Includes FDA-approved tobacco cessation medications (including both prescription and over-the-counter medications)	18 years and older
Nicotrol Nasal Spray		
Nicotrol Inhaler		
Nicotine Kits		
nicotine patch (Nicoderm equivalent)		
nicotine gum (Nicorette equivalent)		
nicotine lozenge (Commit equivalent)		
Chantix		

Vitamins and Minerals

Medications	Coverage Guideline	Age Guideline
fluoride	Prescribe to preschool children older than 6 months of age whose primary water source is deficient in fluoride	0 months to five years
folic acid	Prescribe to women planning or capable of pregnancy as a daily supplement containing 0.4 to 0.8 mg (400 to 800 ug) of folic acid	No age guidelines
iron	Prescribe to children aged 6 to 12 months who are at increased risk of iron deficiency anemia	0 months to 1 year